

Ashley Perkins

Life Coach

Ashley Perkins comes to the City of Light Christian Arts Center (CAC) with a strong background in assisting student/clients reach their highest possible potential. She is compassionate, responsive to client needs, and committed to utilizing every possible tool and resource to help clients succeed.

Ashley brings to CAC a significant level of expertise in the development and implementation of curricula focusing on principles and techniques that enhance clients' mental, emotional, and social well-being.

Skillful at helping adolescents and young adults to progress and achieve goals, Ashley is hands-on in teaching youth to set appropriate parameters that promote achievement in myriad areas of life.

She has worked in a variety of settings with a diverse client base, and offers CAC a breadth of experience that adds to the organizations mission, core values, and goals.

